Andy Thompson

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Consulting location from January 2027

Hip Replacement Assessment

Patient information for private orthopaedic assessment in Wellington

Hip replacement may be discussed when hip arthritis or another hip condition is affecting everyday activity and symptoms have not settled with simpler measures.

People often describe hip or groin pain, stiffness, difficulty walking, trouble with stairs, problems with shoes and socks, pain with car transfers, or symptoms that disturb sleep.

> This information is general only and does not replace personalised medical advice. Your assessment, treatment options and recovery plan may differ. Andy Thompson's clinic is not an urgent or emergency service. For medical emergencies, call 111.

What assessment may cover

- How symptoms affect walking, work, sleep, independence and confidence.
- Examination of hip movement, walking pattern and related areas where appropriate.
- Review of X-rays, scans, previous treatment and general health factors.
- Discussion of non-operative options, injections, further observation or surgery where appropriate.

If hip replacement is discussed

- The aim is to replace damaged joint surfaces with artificial components.
- Likely benefits, limitations, risks and practical recovery issues should be understood before decisions are made.
- Recovery usually involves hospital care, early mobilisation and a period of rehabilitation.
- Driving, work and return to activity depend on the operation, recovery and individual circumstances.

Useful information to bring

- Referral notes, current imaging reports and any previous hip treatment details.
- A current medication list, allergies and relevant medical history.
- ACC claim details or insurer information if funding may apply.
- Questions about symptoms, daily limitations, non-operative care and possible surgery.

Prepared for Andy Thompson's patients and referrers. Updated October 2026.